

### **History of Food and Beverages**

1. Prehistoric Times
2. Classical Antiquity
3. The Middle Ages
4. The Renaissance
5. The Nineteenth Century

### **Food Today**

1. Fast Food and Fast Food Restaurants
2. The Negative Aspects of Fast Food
3. Slow Food
4. Nouvelle Cuisine
5. Fusion Food and Cuisine
6. Fusion Food Restaurants
7. Do You Live Organic?
8. GMOs

### **Diets**

1. Healthy Eating
2. The Food Pyramid
3. The Mediterranean Diet
4. The Macrobiotic Diet
5. The Dukan Diet

### **Food Safety**

1. HACCP
2. HACCP Preliminary Tasks and Principles
3. EHO
4. Bacteria
5. Food Contamination
6. Food Preservation
7. Refrigerated Systems: Cook Chill
8. Refrigerated Systems: Cook Freeze
9. Refrigerated Systems: Vacuum System or Sous Vide

### **Wine**

1. La Città del Vino
2. Wine from Vines
3. UK Wines

4. Wine Appellations
5. Wine and Food: What a Team!
6. Wine Tasting
7. Has your Wine Got a Temperature?
8. Wine Cooks Fine

### **An International Journey**

Religion through Food: Judaism

Apicio

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